



Ian McWalter

Instructor/Trainer, First Aid & CPR, WHMIS, TDG, AED

Ian's commitment is to deliver the highest standard of Safety training available. He has trained more than 5000 people across Saskatchewan, Manitoba and Alberta over the past 7 years.

In addition to his vast OH&S training experience, Ian has developed and delivered self-defense & martial arts training, Private Investigator and Security Guard training, and is currently coaching various martial arts students.

Below is a complete list of Ian's training portfolio:

- **Occupational Health and Safety First Aid & CPR Levels A, B & C** (Certified by St. Johns Ambulance and Canadian Red Cross)
- **AED (Automated External Defibrillator)** (Certified by St. Johns Ambulance and Canadian Red Cross)
- **WHMIS** and **TDG** as per the guidelines set federally and enforced provincially through the Occupational Health and Safety Regulations Act Part XXII, Controlled Products- Hazardous Materials Information Systems Interpretations 315-329. Both **WHMIS** & **TDG** will be recognized throughout Canada for a period of 3 years from the date of training.

Coaching/Martial Arts

- **PISG (Private Investigator & Security Guard)** Certified as per the guidelines set Provincially by Saskatchewan Justice
- **Self Defence, Handcuffing, Arresting and Restraining Tactics and Techniques**
- **Self Defence for the Professional in the Workplace**
- **Former Alberta Provincial Coach for Pankration Athlima (martial arts)**
- **Head Jiu Jitsu instructor for SGA Martial Arts**
- **Coaching** 12 years instructing, coaching and developing amateur and professional athletes for competition
- **Training** 17 years training in various martial arts (Jiu Jitsu, Sambo, Judo)
- **Instructing** various YMCA programs (kid's Judo, Mixed Martial Arts, Women's Self Defence)